



# MANITOU SPRINGS SCHOOL DISTRICT 14

# GO MUSTANGS!

MANITOU SPRINGS ELEMENTARY SCHOOL • UTE PASS ELEMENTARY SCHOOL • MANITOU SPRINGS MIDDLE SCHOOL • MANITOU SPRINGS HIGH SCHOOL

## Employment opportunity

### BUS DRIVERS NEEDED!

Please apply at [mssd14.org](http://mssd14.org) and become a part of the Transportation Herd!



## February is School Counselor Month!

We have five amazing counselors in Manitou Springs School District and we would like to celebrate them.

The COVID-19 pandemic has shed a light on the importance of examining a student's mental health, but Manitou's approach to educating the whole child has had this front and center for decades. Our counseling staff is on the front line of providing that support every day to students, staff and families.

Whether it is character education, social emotional learning

instruction, small group support or individual counseling, they find ways to fit the unique needs of children.

At the high school level, they support students with the "Now what?" question, whether that is earning an industry credential for a high demand job or that final essay to get into the Air Force Academy, they do it all.

If you see one of the amazing school counselors below please send them your thanks!



Ashley Root, MSES



Alisha Strupp, MSHS



Jennifer Trainor, MSMS



Lisa Ward, MSMS



Stephanie Wilson, UPES

## ¿Quién es?! ¡Es la Sra. Lillemon!

Translation: Who is it?! It's Mrs. Lillemon!

Cora L. from Mrs. Mussi's class at MSES gave Mrs. Lillemon, the Spanish teacher, the gift of her avatar. The avatar reflects the teaching of the parts of the face, "¡La boca!"



## Screenagers: Growing Up in The Digital Age

**Screenagers: Growing Up in The Digital Age** has been screened more than 8,000 times to 4 million people in more than 70 countries around the world. Screenagers is the first feature documentary to explore the impact of screen technology on kids and offer parents and families proven solutions that work. What started out as a personal story for one has grown into a national movement, helping millions of teens and their families navigate growing up in a world with instant access to screens.

### About the writer/director

Physician and filmmaker, Delaney Ruston decided to make Screenagers when she found herself constantly struggling with her two kids about screen time. Ruston felt guilty and confused, unsure about what limits were best, especially around mobile phones, social media, gaming and how to monitor online homework. Hearing repeatedly how other parents were equally overwhelmed, she realized this is one of the biggest, unexplored parenting issues of our time.

As a director, Ruston turned the camera on her own family and others — revealing stories of messy struggles over social media, video games, academics and internet addiction.

Each registrant may watch this movie event twice.

**FEB. 24:** a Screenagers social worker will provide a Q & A for all participants.

### FREE EVENT

Join us for a special screening of

# SCREENAGERS



### GROWING UP IN THE DIGITAL AGE

Hosted by: Manitou Springs 14/Partners for Healthy Choices

When: View virtually from: Feb. 12 to Feb. 28

Register Link: [www.screenagersevent.com/screenagers-manitou-springs-14](http://www.screenagersevent.com/screenagers-manitou-springs-14)

Contact: Jane Squires/PHC, [jsquires@mssd14.org](mailto:jsquires@mssd14.org)

[screenagersmovie.com](http://screenagersmovie.com)

## Friday, Feb. 19: No school for students — Staff Work Day.



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(719) 685-2024 • [WWW.MSSD14.ORG](http://WWW.MSSD14.ORG) • [WWW.FLASHALERT.NET](http://WWW.FLASHALERT.NET) (FOR SCHOOL CLOSINGS)

